Birthing Breastfeeding IN A COVID-19 WORLD



"What Families and the Care Team
Need to Know"



The COVID-19 pandemic has vastly changed the landscape of birthing and breastfeeding. Prospective and new families have many questions about how policy changes in the hospital system will affect their birthing and breastfeeding experience.

This webinar will explore:

- General Birthing Rights During COVID-19
- Demystifying the Healthcare System
- Shared Decision-Making
- Rebooting the Birthing Experience
- Giving Birth During the Pandemic

Objectives:

- 1. Have a general understanding of birthing rights and how COVID-19 impacts these rights
- 2. Identify 4 strategies for reducing barriers to breastfeeding in the hospital setting, and 4 practices for rebooting the breastfeeding experience in the home
- 3. Gain a better understanding of the system of care from multiple perspectives, including how each of us contribute to a positive birth experience
- 4. Understand why shared decision-making is vital, and how to best facilitate it as a patient, as an advocate, and as a healthcare provider

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