

THE ULTIMATE MARATHON: SUPPORTING MOTHERS WHO WANT TO BREASTFEED IN THE NICU

Featuring Raylene Phillips, MD, MA, FAAP, FABM, IBCLC

Early Bird \$25 (ends 6/8)
General Admission \$40
Post-webinar Roundtable \$15

June 24th, Friday

9:00 AM Presentation

11:30 AM Roundtable with Dr. Phillips



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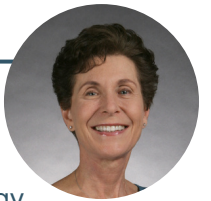


<https://www.breastfeedla.org>



SPEAKER

After raising three children as a stay-at-home mother, Dr. Phillips received a master's degree in Developmental Psychology with a focus on mother-infant attachment, became NIDCAP certified as a Preterm Infant Developmental Specialist, and then attended medical school at University of California, Davis. She completed her pediatric residency and neonatology fellowship at Loma Linda University Children's Hospital in S. California and is an attending neonatologist in the Level 4 NICU at the same hospital. She is an Associate Professor of Pediatrics/Neonatology at Loma Linda University School of Medicine and is Pediatric Department Chair and Medical Director of Neonatal Services at Loma Linda University Medical Center-Murrieta.



Dr. Phillips is an International Board-Certified Lactation Consultant, a Fellow of the Academy of Breastfeeding Medicine, and a past president of the National Perinatal Association (NPA). She is currently President of the Association for Prenatal and Perinatal Psychology and Health (APPPAH), a global non-profit organization with a mission to support healthy infant-parent relationships before and after birth. Her passion is to honor and nurture the earliest connections between babies and their parents.

DESCRIPTION

With all we know about the nutritional, therapeutic, and neuroprotective properties of breastmilk, as well as its role in supporting bonding and attachment, how can we best support mothers in the NICU who want to breastfeed their premature or sick babies?

In this presentation, we will discuss evidence-based ways to help NICU mothers achieve optimal milk supply, as well as practical ways NICU staff can help to increase human milk nutrition in the NICU. We will describe ways to support use of early colostrum as oral care for extremely preterm infants. Lastly, we will describe a Preterm Breastfeeding Pathway to support NICU mothers in successfully breastfeeding their babies prior to discharge without delaying time to full oral feeds or increasing length of stay.

OBJECTIVES

By the end of this presentation, participants can expect to:

- Discuss 4 ways to support optimal milk supply for NICU mothers
- Describe 4 ways to increase the use of human milk nutrition in the NICU
- Discuss 3 ways to support use of early colostrum as oral care for ELBW infants
- Describe 3 ways to support mothers in breastfeeding their preterm infants before NICU discharge

AGENDA

9:00am - 10:55am
Presentation

10:55am - 11:15am
Q&A

11:15am - 11:20am
Closing

11:20am- 11:30am
Break

11:30am- 12:30pm
Roundtable (requires additional purchase)

CONTINUING EDUCATION

BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1.75 L- CERPs will be awarded.

RDs & OTs: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio